

## **Emergency Assistance Instructions**

## How to Make a Mayday Call

In an event of imminent, life-threatening danger to your vessel, yourself, or anyone on board, immediately call in a Mayday for U.S. Coast Guard assistance. Please note that Mayday calls are exclusively permitted for situations in which there is *immediate* and *grave* danger. This may include a fire onboard, a capsized vessel, rapidly taking on water, or a medical emergency.

## Mayday calls must be transmitted via marine-band VHF-FM radio Channel 16 or 156.8 MHz.

## Mayday Procedure

- 1. After tuning to the above radio channel, press and hold the transmit button.
- 2. Clearly say "Mayday, Mayday, Mayday. This is vessel [your boat's name]." Repeat this 3 times.
- 3. After doing the above, provide a description of:
  - 1. Your vessel;
  - 2. Your exact location (use GPS coordinates if available);
  - 3. The nature of your emergency;
  - 4. The assistance you require;
  - 5. The amount of people on the board.
- 4. Before releasing the transmit button, clearly say "over" to indicate the end of your message.
- 5. Wait 30-60 seconds; If you do not receive a response, repeat your call until it is received.

6. If you are unable to signal a Mayday call using your radio or do not hear back after doing so, refer to the following alternative instructions.